

Martin Lewis (1881–1962)

Oncoming Rain, 1929

Drypoint etching on paper, 8 1/4 x 9 3/4 inches

The Westmoreland Museum of American Art

Gift of the William Charles Chew Memorial Fund, 1982.11

Artwork courtesy of:
THE WESTMORELAND
MUSEUM of AMERICAN ART





McCrae Martino Executive Director





Amy Franz Regional Vice President



Westmoreland County May 2022







PA 2-1-1 Southwest told me what help I was eligible for. I couldn't have figured it out by myself. ~ 2-1-1 caller ~



1,092 PHONE CONTACT Last month: 1,186 Last year: 1,111







NEEDS

BASIC NEEDS BY CATEGORY

Includes only the referrals made by Resource Nevigators in response to phone, fast, chat, or amail contact (sloes not include web searches











Substance Use







TOP NEEDS

The numbers below reflect both the self-identified needs of callers and those discovered during the course of calls; they also include self-referrals to programs for which individuals searched the PA211 websites.

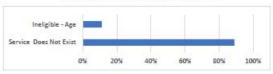
Referred Service	Count
Rent Payment Assistance	737
Electric Service Payment Assistance	275
Housing Related Coordinated Entry	48
Automobile Payment Assistance	43
Gas Service Payment Assistance	41
Food Pantries	38
Utility Disconnection Protection	38
Non-Emergency Medical Transportation	34
Rental Deposit Assistance	34
Water Service Payment Assistance	32

UNMET NEEDS

If services do not exist to meet a contact's stated need, or if they are deemed ineligible for services, 2-1-1 records that as an unmet need. In these cases, the Resource Navigators explore other services that may be of assistance.

Unmet Need	Count	
Gas Money	2	
Appliance Repair	1	
Child Custody Orders	1	
Clothes Dryers	1	
Community Shelters	1	
Hygiene	1	
Pet Care Expense Assistance	1	
Transportation Passes	1	

REASONS FOR UNMET NEEDS

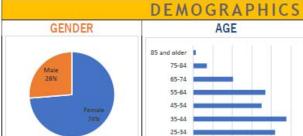


Westmoreland County, May 2022

Less than 1% of callers self-reported as Gender Non-Conforming.







Under 25

4000	DATE OF THE PARTY		CHECOLOGY
Zip	Count	Zip	Count
15601	395	15666	20
15644	94	15632	17
15068	90	15089	13
15650	81	15072	11
15062	38	15670	11
15642	30	15697	11
15012	29	15085	10
15690	27	15613	10
15683	26	15626	8
15627	25	15695	8

Catholic Charities of the Diocese of Greensburg - Rent Assistance	668
Catholic Charities of the Diocese of Greensburg - Utility Service Payment Assistance	126
Westmoreland County ERAP - Intake and Processing	90
Saint Vincent de Paul of Greensburg - Utility Payment Assistance	76
Westmoreland Community Action - Dollar Energy Applications for Electric	45
Southwestern PA County Assistance Offices - Emergency Shelter Allowance (ESA)	44
Feeding the Spirit - Rent Payment Assistance	41
SPHS Connect - Shelter and Permanent Supportive Housing - Coordinated Entry	31
Southwestern County Assistance Offices - LIHEAP	30
Salvation Army - New Kensington Worship and Service Center - Food and Financial Assistance	24
Westmoreland County Housing Authority - Homeless Assistance Program (HAP)	23
First Energy - Pennsylvania Customer Assistance Program	21
Westmoreland County Housing Authority - Rent Assistance Program	21
Pennsylvania Housing Finance Agency - PA Housing Search Website	19
Union Mission - Men's Shelter - Coordinated Entry	17
Pennsylvania Public Utility Commission - Electric Companies	16
Westmoreland Food Bank - Food Pantry Distribution Program	16
Pennsylvania Public Utility Commission	15
Salvation Army - Greensburg Corps and Worship and Service Center - Material Good, Food Assistance	15
Modest Needs - Emergency Self-Sufficiency Grants	14
PA Department of Human Services - Low Income Household Water Assistance Program	14
UWSWPA - Emergency Basic Needs - COVID-19 Fund Application	14
Salvation Army - Jeanette Worship and Service Center - Food and Financial Assistance	12
Westmoreland Community Action - Dollar Energy Applications for Gas	12

0% 5% 10% 15% 20% 25%

PA 2-1-1 United Way of Southwestern Pennsylvania May 2022 at a Glance





PA 2-1-1 Southwest is the gateway to assistance programs for people affected by the pandemic. ~ 2-1-1 caller ~

CONTACT VOLUME



3,095 PHONE CONTACTS Last Month: 3,882



514 CHAT, TEXT, & EMAIL CONTACTS Last Month: 513



BASIC NEEDS BY CATEGORY

Includes only the referrals made by Resource Navigators in response to phone, text, chat, or email contact (does not include web searches).



183











TOP NEEDS

The numbers below reflect both the self-identified needs of callers (reason for calling) and those discovered during the course of calls; they also include selfreferrals to programs for which individuals searched the PA211 websites.

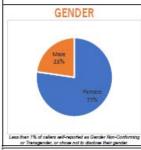
Referred Service	Count
Rent Payment Assistance	1902
Electric Service Payment Assistance	897
Housing Related Coordinated Entry	369
Gas Service Payment Assistance	332
Rental Deposit Assistance	327
Housing Search Assistance	317
Low Income/Subsidized Private Rental Housing	284
Non-Emergency Medical Transportation	266
Food Pantries	239
Water Service Payment Assistance	218

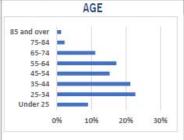
UNMET NEEDS

If services do not exist to meet a contact's stated need, or if they are deemed ineligible for services, 2-1-1 records that as an unmet need. In these cases, the Resource Navigators explore other services that may be of assistance.

Unmet Need	Count	
Community Shelters	8	
Gas Money	3	
Non-Emergency Medical Transportation	3	
Transportation Passes	3	
Yard Maintenance	3	
Long Distance Transportation	2	
Moving Services	2	
Aging/Long Term Care Facility Associations	1	
Appliance Repair	1	
Automobile Insurance	1	

DEMOGRAPHICS





County	Zip	Coun
Allegheny	15132	137
	15210	134
Armstrong	16201	8
	16262	5
Butler	16001	60
	16066	11
Fayette -	15401	59
	15425	55
Westmoreland -	15601	395
	15644	94

Doug Chew County Commissioner



Dr. Carol FoxChief Medical Officer



Cassandra Kovatch Public Information Officer/ Community Outreach Coordinator





What is CodeRED?

CodeRED® is an emergency notification system to help keep you and your family safe in the event of an emergency.

Alerts are sent by your local public safety agency by telephone, cell phone, SMS, email, social media and more.

If you are a resident of Westmoreland County

visit the website listed below to register to receive emergency information. Residents and visitors can also download the CodeRED mobile app to receive alerts directly to your smartphone.

https://www.co.westmoreland.pa.u s/2749/CodeRED-Emergency-Notifi cations



Westmoreland County Department of Public Safety

For more information, call

724-600-7300



Register for CodeRED

Did you know it's free to register for CodeRED? It's an important yet easy step that helps ensure your family remains informed and prepared for any emergencies in your area. If your contact information is not in the database — or outdated — you will not receive alerts.

Follow these steps to register for CodeRED:

Visit the website:

https://www.co.westmoreland.pa.us/2749/Co deRED-Emergency-Notifications

From the main homepage, click on "REGISTER FOR THIS SERVICE"

Enter all required fields as indicated by the asterisks

Download the CodeRED mobile app on the App Store or Google Play

When will we notify you?

CodeRED will only be used for emergency situations to keep you informed. These are just a few examples of the types of alerts you might receive.







Flood



Boil Advisory



Criminal



Missing Person/ Children



Evacuation

What you need to know

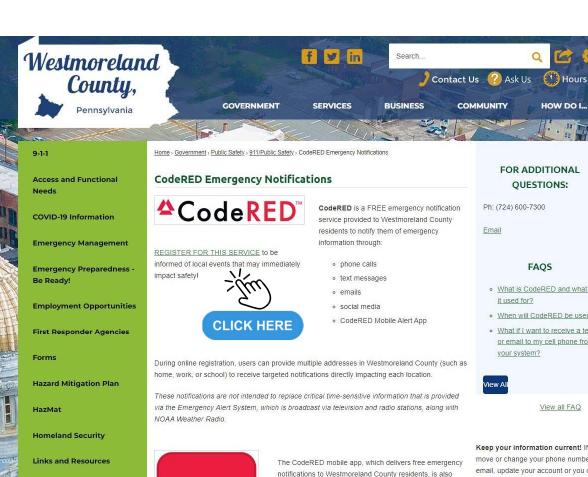
- Alerts are geographically based, and alert only residents in the affected area.
- You may select the types of alerts you wish to receive, from general (community information) to only emergency alerts.
- Alerts are issued by authorized local public safety officials.
- You must register with CodeRED by following the instructions in this flyer.
- CodeRED mobile is available for download from the App Store or Google Play.
- CodeRED mobile app users are encouraged to enable their GPS services to receive precisely targeted alerts for where they are located.

Download the app today!









used by other communities throughout the United States and Canada for alerts. Travelers with the app can remain

better informed and safe by receiving alerts from public

services must be turned on mobile devices to receive

CodeRED alerts during travel.

safety officials who use CodeRED in those areas. Location



Local Emergency Planning

Request a Tour or Program

Committee (LEPC)

Stay Informed

Training and Drills

Volunteer Opportunities

Mobile Command Post

Download the CodeRED App from the App Store and Google Play at no charge.

QUESTIONS: Ph: (724) 600-7300

HOW DO I...

FAQS

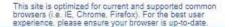
- · What is CodeRED and what is it used for?
- When will CodeRED be used?
- · What if I want to receive a text or email to my cell phone from your system?

View all FAQ

Keep your information current! If you move or change your phone number or email, update your account or you could miss an emergency message.

Privacy: Your contact info remains private and will only be used for emergency notifications.









COMMUNITY NOTIFICATION ENROLLMENT

Please take a moment to fill in the appropriate information below to be notified by your local emergency response team in the event of emergency situations or critical community alerts. Examples include: evacuation notices, bio-terrorism alerts, boil water notices, and missing child reports.

Would you like to create a managed account?

Creating a managed account will allow you access to modify your existing notification settings and contact information. You may also add an additional address.

YES, I would like to create a managed account

G+ Login with Google	f Login with Facebook	Login with Twitter
Or Create An Account Username		
Password		
Confirm password		
No, continue to enroll as	a quest	Continue

SCAN THE QR CODE TO SIGN UP NOW!









Questions? Call 724-600-7300

Heather McLean Outreach Coordinator/ Ray of Hope Chair



New Program in Westmoreland County

Community Based Care Managers use a holistic, person-centered approach in assisting adults to live independently in the community with a healthy, recovery-focused lifestyle. Using the Social Determinants of Health model, goal-based service plans are developed to serve individuals with complex needs.

Contact Pam Ackerman or Laura Willochell for info and referrals. packerman@mhaswpa.org; lwillochell@mhaswpa.org

Community Based Care Managers Phone: 724-834-6351 x115 or x120

VIRTUAL SUPPORT GROUPS (FOR ADULTS)

PLEASE NOTE THESE GROUPS ARE NOT MEANT TO REPLACE THERAPY,
BUT TO PROVIDE ADDED SUPPORT
CONTACT HEATHER MCLEAN AT <u>HMCLEAN@MHASWPA.ORG</u> OR (724)433-1359

MH Support Group (Mental Health)

Every 2nd Tuesday of every month, 1:00PM-2:00PM

LGBTQ+ Support Group

Every 2nd Tuesday of every month, 6:00PM-7:00PM

The "Anyone" Support Group (For anyone wanting to talk)

Every 1st Wednesday of each month, 6:00PM-7:00PM

Aging Up Support Group (Transitional Ages 18-26)

Every 2nd Monday of every month, 4:00PM-5:00PM

IN-PERSON SUPPORT GROUPS

PLEASE NOTE THESE GROUPS ARE NOT MEANT TO REPLACE THERAPY, BUT TO PROVIDE ADDED SUPPORT.

<u>Caring Ones Support Group</u> (For those supporting a loved one with mental illness)

Every 2nd Monday of every month, 6:00PM-7:30PM
Contact: Heather McLean, hmclean@mhaswpa.org or (724)433-1359

LOSS Support Group (For those how have lost loved ones to suicide)

Every 1st Tuesday of each month, 6:30PM-8:30PM Contact: Beth Crofutt, bcrofutt@mhaswpa.org or (724) 834-6351 Ext: 118

Hope & Healing Support Group (For those recovering from a past suicide attempt) Every 1st and 3rd Tuesday of every month, 6:00PM-7:30PM Contact: Heather McClean, hmclean@mhaswpa.org or (724)433-1359

Mon Valley LOSS Support Group Every 2nd and 4th Monday of the month, 1:00PM-2:30 PM Location: Mon Valley Hospital, 1163 County Club Road Monongahela, Pa 15063 Contact: Sam Lonich, splonich@gmail.com

NAMI, Family Support Meetings Every 2nd Tuesday of every month, Time: 7:00 PM-8:30PM

Location: West Hempfield Presbyterian Church

Contact: Harriet Hetrick, (412)596-5071

Mental Health Support Group 4th Thursday of every month, Time: 1:00 PM-2:00 PM Location: MHASWPA, 409 Coulter Avenue, Greensburg Contact: Julie Kostenbader, Julie.kostenbader@gmail.com or (724)858-7533

Still time to register!

2 Trainings have been rescheduled:

June 23rd -Anxiety in youth July 7th -Image to illness

Contact Heather McLean at hmclean@mhaswpa.org for any questions.

Westmoreland County BH/DS in Partnership with CRTI (Crisis & Trauma Resource Institute), and MHA-SWPA are offering a series of trainings

(These trainings are FREE, but registration is required) SLOTS ARE LIMITED!

Trauma-Counseling Strategies for Healing and Resilience March 17th 1PM-4PM

Trauma is a wound that injures us emotionally, psychologically, physically, and spiritually. As a result, the impact of trauma can be far-reaching and enduring.

- Overview of the way trauma affects a person through the basin and nervous system.
- A framework that describes stages in the process of regulating and resolving the impact of trauma.
- Protective steps for enhancing helper's wellbeing.
- Key principles and strategies for working with trauma that apply to a diverse range of experiences and which can be applied to all ages

REGIS TER https://www.eventbrite.com/e/trauma-counseling-strategies-for-healing-and-resilience-tickets

Walking with Grief April 14th 1PM-4PM

Every person will experience grief and loss – a profound sense of final separation from something or someone important. Grief is a normal and appropriate reaction to the death of a loved one, the experience of separation/ divorce, intergenerational loss, or the loss of opportunity. Grief is a complicated and unique experience that requires helpers to be sensitive to the needs and experience of those they are supporting.

- Gives helpers an increased awareness of the dynamics of grief, and to
- Provides tools and strategies to best support someone who is grieving.
- Cultural and popular understandings of grief and loss, and the influences these have on how we experience and work with grief will be explored.

REGISTER https://www.eventbrite.com/e/walking-with-grief-tickets-267825642707

Anxiety in Children and Youth-Practical Intervention Strategies May 12th 1PM-4PM

Childhood and adolescence are critical times for emotional and psychological development. During these stages, anxiety patterns can begin that continue into adulthood. Anxiety represents our body's natural alarm system, signaling the possibility of danger.

- Structure for understanding how anxiety works in the rervous system.
- Learna diverse range of skills that can be taught and practiced with children and youth designed to
 decrease anxiety and expand the capacity for managing emotions and anxious thought patterns.

REGISTER: https://www.evenfbrite.com/e/anxiety-in-youth-practical-intervention-strategies-tickets-270015833627

Eating Disorders from Image to Illness June 9th 1PM-4PM

Eating Disorders – From Image to Illness Eating disorders can range from problematic tendencies like excessive dieting to a mental health diagnosis such as anouexia nervosa, bulimia nervosa, or binge-eating disorder. Helpers may struggle with knowing how to best respond to this complex issue and may react with frustration, fear, or helplessness.

- Examines the symptoms, contributing factors, and the experience of living with an eating disorder.
- Checking our assumptions and to fully address the function disordered eating plays in a person's life.
- Treatment options and practical strategies for supporting individuals struggling with disordered eating.

REGISTER: https://www.eventbrite.com/e/eating-disorders-from/image-to-illness-checking-your-assumptions-tickets-270039534517

Sponsored by MHA-SWPA in partnership with Westmoreland County BH/DS/EI Office

Hoarding Conference

July 26th, 9AM-3PM

Recognizing the levels of Hoarding, Strategies for supporting a client with Hoarding Disorder, Practical ways to address hoarding behaviors,

Forming Community Connections, & Developing a County Coalition

Westmoreland Community College

Health and Culinary Building 2303

(Continental Breakfast and Lunch Included)

This is a FREE Training

For more info contact Heather McLean at hmclean@mhaswpa.org

Eventbrite Linb:

https://www.eventbrite.com/e/ hoarding-conference-tickets-354635282677



Facilitated By:



If interested, please Register! Slots are filling up quickly.



(Applied Suicide Intervention Skills Training) ASIST

ASIST is a two-day, intensive, interactive, and practice-dominated course designed to help caregivers recognize those in crisis and learn how to intervene and prevent the immediate risk of suicide.

Location: WCCC

Youngwood Campus Health & Wellness Building Room 2303
August 25-26, 2022
8:00 AM - 4:30 PM

Registration begins at 7:30 AM

There is NO COST for this training!
If you are interested,

please contact:

Heather McLean

hmclean@mhaswpa.org Phone: 724-433-1359

Participants will be better able to:

- Identify people who have thoughts of suicide
- Understand how beliefs and attitudes can affect suicide interventions
- Ask the Person at Risk about their thoughts of suicide
- Connect with the Person at Risk, listen to their story, and connect them with community and national resources

This training is sponsored by Westmoreland County BH/DS/EI Office

A \$2,000 value per attendee!

Training provided by:

Suicide Prevention Alliance

Slots are very limited for this training. Please register ASAP if Interested!

Only 16 slots for this training.

If interested or need more info, please contact
Heather McLean at hmclean@mhaswpa.org or (724)433-1359

We are now accepting donations and sponsorships.

Please contact Heather McLean at (724) 433-1359 hmclean@mhaswpa.org



SAVE THE DATE: EDUCATIONAL POVERTY SUMMIT

Date: October 6, 2022

Location: WCCC Event Center, Youngwood Campus

Time: 9:00 AM-4:00PM

Experience a Poverty - Morning Session

Bridges Out of Poverty - Afternoon Session

Registration will be coming soon!

Jennifer Miller Chief Executive Officer



UPCOMING CALLS

Thursday, July 14, 8:00 am

